

Wellthy Caregiving Support

Supporting loved ones in Canada

January 30, 2024



I'm thrilled to be here with you today!



Haley Lennartson

Client Success Manager II



Mission and Vision

Our Mission

Empower people to care for themselves & others during all phases of life.

Our Vision

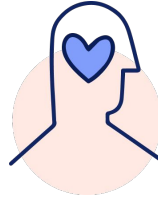
Love over logistics. Caregiving can be rewarding yet also overwhelming and heavy. Our vision is to unburden caregivers from the complex logistics of caring so that they can focus on what matters most to them. We envision a world where families are uplifted and supported to prioritize love over logistics.

Our solution helps employees and their families across the full spectrum of care



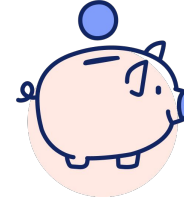
Aging

For aging family members dealing with all kinds of life changes



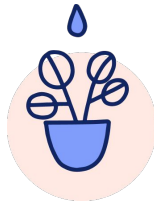
Mental Health

Ongoing support for those struggling



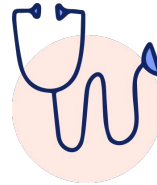
Financial Support

Support for hard working families feeling financially strained



Special Needs

Advocacy, expertise and partnership for special families



Health Conditions

Handling a tough diagnosis or ongoing condition



Veteran Support

Helping our heroes and their families get the care they deserve



Example

Joanne is a colleague taking care of her mother

When Joanne's mother, Eddy, received an official Alzheimer's diagnosis, Joanne and her sister, Patricia, began to worry about their mother's health and safety.



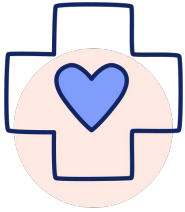
Example

Joanne sets up her care journey

Joanne creates a care project for Eddy, and sharing some basic info about their situation. Based on what she shares, her family is matched up with the best-fit Care Coordinator. In this case, it's Jennifer, a qualified social worker with experience in in-home care and dementia/Alzheimer's care management.

Wellthy's Care Framework

Our Care Framework ensures families are considering and addressing all of the variables of care beyond just medical needs.



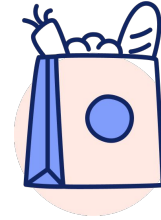
Medical

Doctors, Prescriptions, Physical Therapy, Records



Financial

Social Security, Benefits, Insurance, Tax Deductions



In-Home

Safety, Home Care, Transportation.



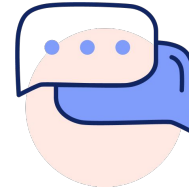
Housing

Senior Living, Moving Services, Short-Term Solutions



Legal

Power of Attorney, Advance Directives, Wills



Social + Emotional

Support Groups, Social Activities, Memory Care



Example

Joanne and her family are guided through a care plan

The Care Coordinator sets up a plan and gets things done on behalf of the family:

- **In-Home:** Source and vet in-home support, working with the Canada Housing and Mortgage Corporation to make any necessary home adaptations
- **Medical:** Research medical providers, arrange transportation to/from appointments, set up calendar for appointment management
- **Legal:** Review Power of Attorney needs and identify local eldercare attorney
- **Social/Emotional:** Find support groups for caregivers of loved ones with dementia, like the Alzheimer's Society of Canada

Our Care Team

Care Coordinators

Dedicated experts carefully matched with each family based on their needs

Care Advisers

Care professionals providing specialization behind the scenes



Wellthy Member

Sponsored employees, care recipients, and invited friends and family

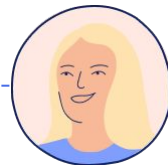


Care Coordinator

Licensed Social Workers, Nurses, Caregivers, and other backgrounds



Care Adviser
In-Home Care



Care Adviser
Medicare & Medicaid



Care Adviser
Insurance Claims



Care Adviser
Financial Support

Care Dashboard

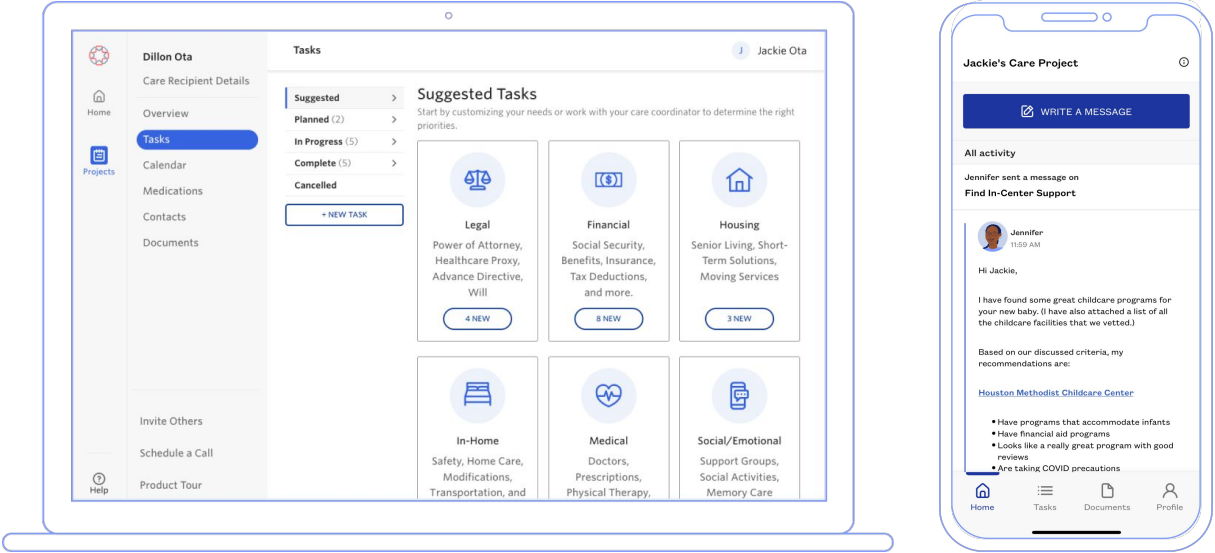
Tasks

Calendar

Medications

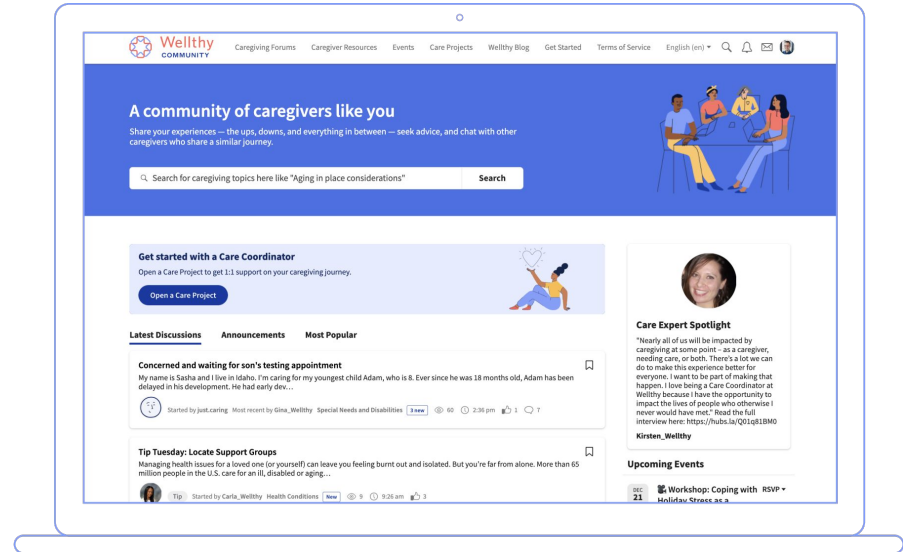
Contacts

Documents



Wellthy Community

- Empowering caregivers with knowledge, resources and peer support
- Discussions, tips, questions, featured content, webinars and events
- Expert moderation and guidance from Wellthy's care professionals





Taking care of mom

Candice and her sisters are caring for their mother who has fibromyalgia, anxiety, and depression. Here's how Wellthy helped:

- **Housing:** Researched affordable housing options, assisted with applications, and evaluated and recommended moving services
- **Medical:** Gathered and digitized all important medical and legal documents
- **In-Home:** Sourced and vetted an in-home companion to visit their mother on a week basis

Highlight: Secured a senior living facility tour and interview after a several-month waitlist, and successfully transitioned the mother from Alberta to Ontario.



Taking care of his wife

James' wife was diagnosed with breast cancer last year, and she is struggling with treatment. Here's how Wellthy helped:

- **Medical:** Liaised with her cancer treating team to support with necessary follow-ups and scheduling. Researched and vetted alternative medicine options.
- **In-Home:** Explored support through cancer associations, and sourced/vetted an in-home companion to support with activities of daily living.
- **Social/Emotional:** Researched cancer-based associations as well as local support services. Supported with a warm transfer to James' EAP Program.

Highlight: After a lengthy process involving four months of research and advocacy work, Wellthy was able to get major cancer treatments and therapies organized.



Taking care of himself

Austin has been struggling with alcohol dependency, which has gradually worsened during the pandemic. After a while, he realized it was impacting his day-to-day life and that it was time to get help. Here's how Wellthy supported him through a treatment plan:

- **Advocacy:** Outlined necessary first steps and worked with Austin to communicate with his employer and receive the necessary leave
- **Financial:** Vetted in-patient and out-patient programs to find the best match
- **Social + Emotional:** Coordinated long term mental health solutions to ensure support after treatment. Located community Alcoholics Anonymous resources and support groups.

*Names have been changed for privacy purposes

Getting started with Wellthy is simple!

1

Visit your organization's dedicated Wellthy landing page at join.wellthy.com/aristocrat, and click 'GET STARTED' at the top of the screen.

2

Create your Wellthy account by entering code **aristocrat23** to verify your eligibility for sponsored access to Wellthy's services during the onboarding process.

3

Create a Care Project on the Projects page to begin working with a Care Coordinator 1:1, or explore the many self-service tools within the Care Dashboard.

The screenshot shows a web form titled "Ok, great. Now let's create a Care Project." with a progress bar at the top. The form includes sections for identifying the care recipient, naming the project, defining the relationship, listing conditions, and providing a brief summary of the situation.

Ok, great. Now let's create a Care Project.
The Care Project is how we keep everything organized. Don't worry, this will be quick.

Who are you caring for?
We refer to this person as the Care Recipient.

☐ Myself

☒ Someone Else

What should we call this person?
This will also be used as the Care Project name.

Lily Jones

What's your relationship to Lily Jones?
You are Lily Jones's _____

Daughter

✓ Got it, you are Lily Jones's Daughter.

What conditions are they managing?
Examples: Alzheimer's Disease, Breast Cancer, Cystic Fibrosis.

Stroke x Diabetes (Type 2) x

Please fill us in a bit. What is going on? And what is your most immediate priority?
(We'll use this information to determine the best next steps.)

Mom was recently hospitalized for a stroke. She will be discharged soon and we need to find help for her as the nearest family member lives 60 miles away.



Questions?
join.wellthy.com/aristocrat

*Enter code **aristocrat23** to verify eligibility